



CENTRAL COAST JUNIOR FOOTBALL DEVELOPMENT PLAN

The Central Coast Football Junior Development Plan aims to have both boys and girls aged 8- 11 working in programs that develop their individual technique.

The programs will involve football related skills and small sided games in an environment that allows them to improve while having fun which in turn can begin the talent I/D process.



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Individual club development programs

- Every club needs to have a coaching coordinator.
- If possible each club needs to commence development squads for talented footballers who are genuinely interested in improving their game.



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The next step from Club Development programs is REGIONAL TRAINING ACADEMY/PROGRAMS

For talented 10 and 11yr olds to be I/D for future representative teams and also improve the overall standard of football on the Central Coast.

This will involve the Central Coast area being split up into regions.

An example of how this might work is below...

- 1- Umina, Southern Ettalong, Woy Woy, Kariong, Mountains
- 2- Avoca, Terrigal, Kincumber.
- 3-The Entrance, Killarney, Berkeley Vale, Tuggerah
- 4- Toukley, Budgewoi, Doyalson, Gwandalan
- 5- Gosford, Wyoming, East Gosford, Ourimbah
- 6 -Kanwal, Wyong, Woongarra.



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What this could look like:

- A Coordinator to oversee each region
- 2-3 Coaches at every session
- Each region to provide 2 qualified coaches (Minimum Requirement- Junior License)
- Each club coordinator recommends 3-5 players for each age group.
- Every Sunday morning up to 24 players train 60- 90min in an age specific program to be rotated at all venues within that region/cluster.
- One Sunday per month every regional squad for each age group has match / gala day type tournament at Plum Park. \$10 per player gala day.
- Games are played between the regions or they can be divided into selected teams for the day.



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Benefits

- Football education to approx. 80 to 100 kids per age group
- Improved grading procedures for clubs for future years
- Starts the scouting/identification process for the CCF rep. program for the following year
- Provides a clear pathway for every player on the coast
- Helps identify coaches who may be able to coach at higher level
- Gives the players another experience competing at higher level than club games
- Introducing players to other coaches and players of higher level ability
- Introduces players to a whole new group of friends
- Easier to run regions to higher standards rather than look after the whole coast
- Less travel
- More cost efficient than joining expensive programs (there may be a minimal fee attached to the program for the payment of coaches. Every effort will be made by Clubs, Regions and CCF to attract sponsors to cover this expense.)



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